

You Like to Rip It?

Good boy. Here's how to keep your kicks on

All right, tough guy. I know distance is your drug, but when you try to choke another 10 out of your driver, beware two things: First, you might pop a rib; second, your odds of flushing it are the same as Martin Kaymer starring in the next Jackass movie.

The urge to blister a tee shot throws your swing hor-

ribly out of sequence, particularly on the way down. Your hands and arms think you're playing one of those carnival hammer games, so your body pulls up to head off a steep crash—hence the air you see me catching. Jump too soon, and you're lucky to nip the ball at all; too late, and you're pounding a crater into the tee box. Been there.

How can you stay in sequence and still hit it with extra cheese? You gotta keep your arms and body working together. If your body isn't moving toward the target, you're swinging all-arms. So turn, baby, turn! As long as you body is pivoting, go ahead and swing hard. You'll have rhythm, balance, and an extra three yards.

5 SIGNS YOUR SWING IS OUT OF CONTROL

- 1** Involuntary noises fly from your body as you start down.
- 2** The tee box looks like you just did a triple toe loop.
- 3** You tend to get more Earth than ball at impact.
- 4** Your belt buckle keeps ending up around back.
- 5** More than once, someone has asked you after a tee shot: "You OK?"

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SHIRT, PANTS, BELT, SHOES: ADIDAS