



FIX YOUR SLICE

with **Tom Stickney**
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Tom Stickney
Top 100 since 2007

SPLIT EVERY FAIRWAY

The No. 1 new way to practice an inside-out, slice-free swing

THIS STORY IS FOR YOU IF...

1. YOU SLICE.
2. WHEN YOU DON'T SLICE, YOU HIT A PULL.

THE FAULT

You swing over the top, cutting across the ball (too much outside in) at impact. When you do square the clubface, you hit dead pulls; when you leave the face open, the ball sails O.B. right.

THE NO. 1 DRILL TO FIX IT

Get in the good habit of swinging more inside-out, especially with your driver. This is difficult to do without a visual reference that helps you adjust your swing path—you may think you're swinging correctly, but you can't know for sure unless you have some guides in place. My "gate" drill does the trick.

Step 1: Set up an alignment station at the range—point one of your irons at a target, then lay a second iron parallel to the first. Align your body and stance to the second iron.

Step 2: Create a "gate" to the right and a few feet in front of your alignment station using two piles of balls like I'm doing here. Set one side of the gate in line with the middle of your alignment station and the other side a yard to the right. Tee a ball in the middle of the station and take your stance—the gate should look noticeably off to your right.

Step 3: Make half-speed swings with the goal of driving the ball through the gate, not down your target line. After a few attempts you'll get the proper feel of delivering the club from the inside and out—it's like you're hitting to right field on a baseball diamond. Once you can consistently hit shots through the gate, remove the tee and hit balls off the turf. You should see your divots pointing straight down your line and the ball curving back to the center.

Swinging out to the right through a highly visible gate is the proven way to groove a power-rich inside delivery.



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Top 100 Teacher **Tom Stickney** walks you through this drill in a special anti-slice video lesson