



Tom Stickney  
Top 100 since 2007



# GET UP AND DOWN

with Tom Stickney, Bighorn G.C., Palm Desert, Calif.

## How to Pitch Clean from a Downslope

Success depends on how you set up

### THIS STORY IS FOR YOU IF...

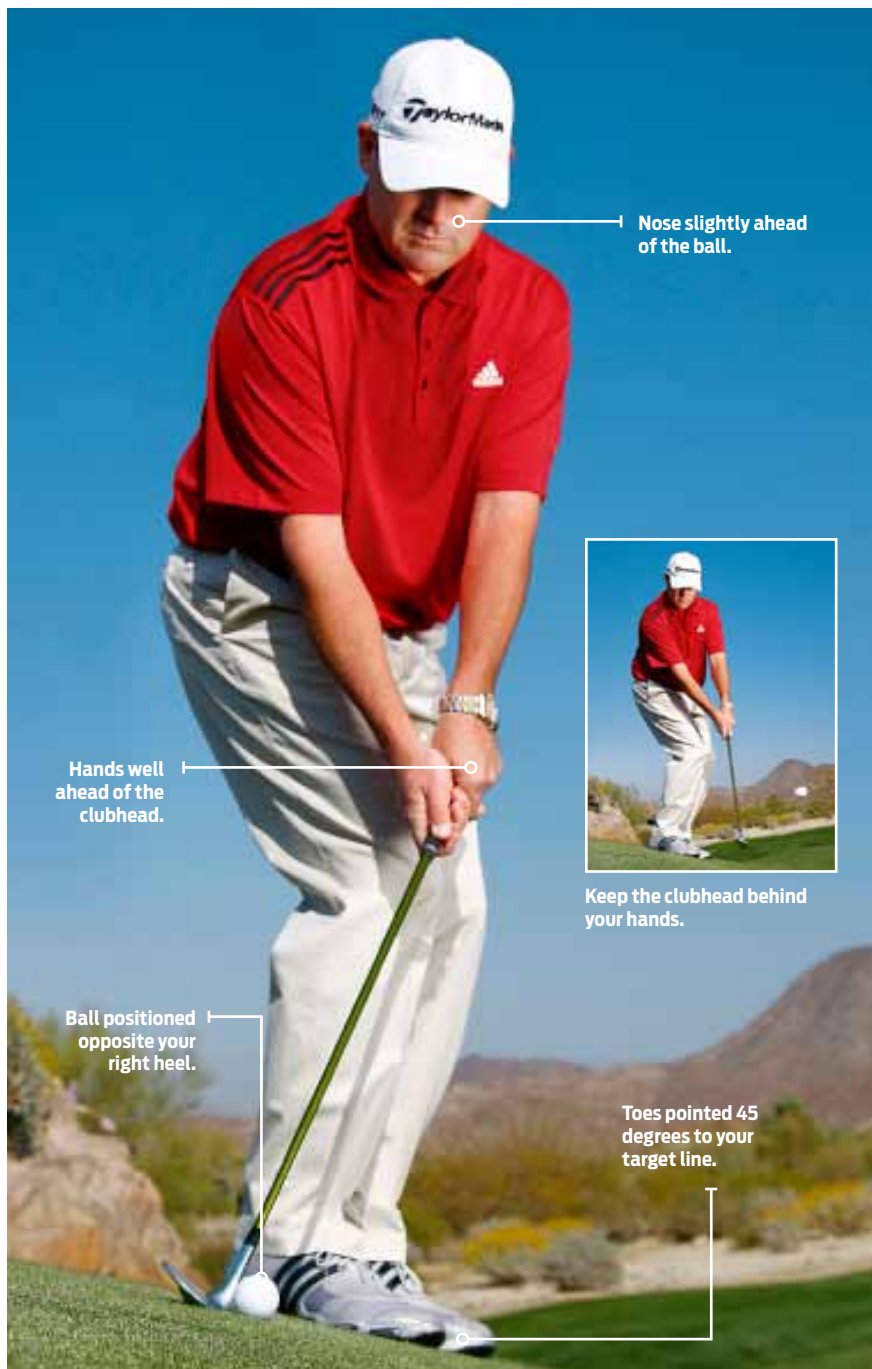
YOU STRUGGLE HITTING PITCHES FROM FLAT LIES LET ALONE THOSE WITH SLOPE.

### TRY THIS!

The key to pulling of this shot is to change to your setup. Instead of an orthodox position you should place your feet relatively close together and aim your toes down the slope at a 45-degree angle to your target line. Position the ball off your right heel (yep, your heel) and set your hands well in front of the clubhead. Once you have this setup all you have to do is cock your wrists and bring the club up so it parallel to the ground and then wing down with the handle of the club leading the clubhead all the way. Don't allow the clubhead to pass your hands as this will cause the club to bottom out before the ball.



Hinge the club up with your wrists.



Nose slightly ahead of the ball.

Hands well ahead of the clubhead.

Ball positioned opposite your right heel.



Keep the clubhead behind your hands.

Toes pointed 45 degrees to your target line.

[golf.com/shortgame](http://golf.com/shortgame)



Learn more about this specialty shot in a bonus video lesson with Top 100 Teacher Tom Stickney.