



Tom Stickney  
Top 100 since 2007



# GET UP AND DOWN

with Tom Stickney, *The Club at Cordillera, Vail, Co.*

## Stop the Flip for Crisper Chips

Keeping the fold in your right wrist is good for square contact

### THIS STORY IS FOR YOU IF...

1. YOU CHUNK AND THIN A LOT OF CHIP SHOTS.
2. YOU WANT TO MAKE MORE SOLID CONTACT.

### TRY THIS!

To become a solid chipper *you can't allow the clubhead to pass your hands.* Ever. Instead, you need to lead the clubhead into the ball with your hands ahead the entire way. If you're a "flipper," meaning you let the clubhead pass your hands, this probably sounds tough, but it's actually very easy if you use my trick:

### STEP 1

Grip down on your wedge so your hands are a couple of inches below the end of the grip (on the steel).

### STEP 2

Practice making small chip swings by rocking your shoulders, not throwing your hands. If the end of the grip makes contact with your left side in your follow-through then you've done it wrong. If you lead with your hands and never release them, the grip will never touch you.

### STEP 3

Grip the club in your normal fashion and chip some balls with this new motion. You'll immediately notice squarer, crisper contact.



### CHIP KEY

Keep your hands ahead of the clubhead throughout your motion. No release needed.



[golf.com/shortgame](http://golf.com/shortgame)



Learn more about this practice drill in a special video lesson with Top 100 Teacher Tom Stickney.